

**UNIVERSIDAD SAN FRANCISCO DE QUITO**

**Colegio de Postgrados**

**Comparison of the Molecular Methods, Terminal Restriction Fragment  
Length Polymorphism and Denaturant Gradient Gel Electrophoresis, to  
Characterize the Microbiota in Feces from Breastfed Infants**

*(el idioma de esta tesis es inglés)*

**Diego Hernán Granja Matovelle**

Tesis de grado presentada como requisito para la obtención  
del título de Magíster en Microbiología

Quito, mayo de 2007

**Universidad San Francisco de Quito**

**Colegio de Postgrados**

**HOJA DE APROBACIÓN DE TESIS**

**Comparison of the Molecular Methods, Terminal Restriction Fragment Length  
Polymorphism and Denaturant Gradient Gel Electrophoresis, to Characterize  
the Microbiota in Feces from Breastfed Infants**

*(el idioma de esta tesis es inglés)*

**Diego Hernán Granja Matovelle**

Manuel Baldeón, Ph.D.  
Profesor de la Maestría en Microbiología y  
Director de Tesis

---

Gabriel Trueba, Ph.D.  
Director de la Maestría en Microbiología y  
Miembro del Comité de Tesis

---

Philip Cooper, Ph.D.  
Miembro del Comité de Tesis

---

Hugo Valdebenito, Ph.D.  
Decano del Colegio de  
Ciencias Biológicas y Ambientales

---

Víctor Viteri Breedy, Ph.D.  
Decano del Colegio de Postgrados

---

Quito, mayo de 2007

© Derechos de autor  
Diego Hernán Granja Matovelle  
2007

## **Dedicatoria**

Este trabajo va dedicado a mi Rosy, por su motivación, apoyo y amor incondicionales, a mi familia y nueva familia, por ser ejemplo vivo de honestidad, unidad, sacrificio y superación.

## **Agradecimientos**

Gracias a mis maestros, Gabriel, por su constante guía y por mantener vivo el entusiasmo de quienes formamos parte del grupo de la Maestría en Microbiología de la USFQ, a Philip, por su apertura y confianza, al Dr.G y a Noriko, por brindarme su tiempo y haberme hecho partícipe de su saber, a mis compañeros, por su paciencia, buen humor y por haber hecho de estos dos años un recuerdo inolvidable en mi vida. Pero por sobre todo, un agradecimiento especial a mi maestro, mentor y amigo, Manuel, por ser el modelo ideal de profesionalismo, capacidad y generosidad.

## INDEX

<b><u>ABSTRACT</u></b> .....	<b><u>VIII</u></b>
<b><u>RESUMEN</u></b> .....	<b><u>IX</u></b>
<b><u>INTRODUCTION</u></b> .....	<b><u>1</u></b>
T-RFLP .....	5
DGGE .....	7
<b><u>MATERIALS AND METHODS</u></b> .....	<b><u>9</u></b>
Sample and data collection .....	9
Extraction, precipitation, re-suspension and dilution of DNA .....	9
T-RFLP PCR amplification and enzymatic digestion .....	10
T-RFLP analysis .....	11
DGGE PCR amplification and ssDNA removal .....	12
DGGE gel preparation and staining .....	13
DGGE analysis .....	14
Excision and cloning of DGGE gel bands .....	14
Sequencing and analysis of the sequences .....	16
<b><u>RESULTS</u></b> .....	<b><u>16</u></b>
Study Population .....	16
T-RFLP .....	17
DGGE .....	18
T-RFLP and DGGE dendrograms .....	19
Analysis of sequences obtained from excised DGGE bands .....	20
<b><u>DISCUSSION</u></b> .....	<b><u>21</u></b>
<b><u>CONCLUSIONS</u></b> .....	<b><u>25</u></b>
<b><u>REFERENCES</u></b> .....	<b><u>26</u></b>
<b><u>TABLES</u></b> .....	<b><u>31</u></b>
Table 1 .....	31
Table 2 .....	32

Table 3.....	33
<b><u>FIGURES.....</u></b>	<b><u>34</u></b>
Figure 1.....	34
Figure 2.....	35
Figure 3.....	36
Figure 4.....	37
Figure 5.....	38
Figure 6.....	39
Figure 7.....	40
Figure 8.....	41
Figure 9.....	42
Figure 10.....	43
Figure 11.....	44
Figure 12.....	45
Figure 13.....	46
<b><u>SUPPLEMENTARY INFORMATION .....</u></b>	<b><u>47</u></b>
Figure 1.....	47
Figure 2.....	48
Figure 3.....	49

## **Abstract**

Terminal restriction fragment length polymorphism (T-RFLP) and denaturant gradient gel electrophoresis (DGGE) were applied to characterize the intestinal microbiota in stool samples from seven breastfed infants during the first seven months of life. A comparison of dendrograms revealed differences between the cluster patterns obtained using the two methods. These results do not support the findings of previous studies that have demonstrated strong similarities between dendrograms constructed from stool samples using the two techniques. However, both techniques were able to show patterns of bacterial succession and unique differences in the microbiota composition of each individual studied. Sequencing of bands excised from the DGGE gel retrieved data about colonization of certain types of bacteria at three different moments of life of the infants studied: within the first fifteen days, at three months, and at seven months of age. The advantages and drawbacks of applying T-RFLP and/or DGGE in the assessment of the diversity of intestinal microbiota are discussed.



## Resumen

Se aplicaron las técnicas “terminal restriction fragment length polymorphism” (T-RFLP) y “denaturant gradient gel electrophoresis” (DGGE) para caracterizar la microbiota intestinal de muestras de heces de siete lactantes durante sus primeros siete meses de vida. La comparación de los dendrogramas reveló diferencias entre los patrones de agrupamiento obtenidos usando los dos métodos. Estos resultados no concuerdan con hallazgos de estudios previos que han demostrado grandes similitudes entre los dendrogramas contruidos a partir de muestras fecales usando las dos técnicas. Sin embargo, ambas técnicas fueron capaces de mostrar patrones de sucesión bacteriana y diferencias únicas en la composición de la microbiota de cada individuo estudiado. El secuenciamiento de bandas extraídas del gel de DGGE arrojó datos acerca de la colonización de cierto tipo de bacterias en tres momentos distintos de la vida de los infantes estudiados: dentro de los quince primeros días, a los tres meses, y a los siete meses de edad. Se discuten las ventajas y desventajas de aplicar T-RFLP y /o DGGE en la valoración de la diversidad de la microbiota intestinal.

## Introduction

The intestine is the organ most densely populated with microorganisms (Hooper *et al.*, 2001). It sustains all three domains of life: eukarya, archaea, and bacteria, the latter represented in quantities that vary from  $10^{10}$  to  $10^{12}$  bacterial cells per gram (Mackie *et al.* 1999; Bernbom *et al.*, 2006). It has been estimated that nearly 800 species of bacteria constitute the intestinal microbiota, most of which are anaerobic (Zoetendal *et al.*, 2004) and this number exceeds by a factor of 10 the number of human somatic and germ cells (Bäckhed *et al.*, 2005). The bacterial genera that predominate in the human intestine are: *Bacteroides*, *Eubacterium*, *Clostridium*, *Bifidobacterium*, *Fusobacterium*, *Ruminococcus*, *Peptococcus* and *Peptostreptococcus*; accompanied by less predominant species such as: *Escherichia coli*, and *Lactobacillus* (Wang *et al.*, 1996).

Microbial succession is a process characterized by the progressive establishment of specific microorganisms in the host at different times in life. There are four clearly distinguished phases of the development of the intestinal microbiota (Mackie *et al.*, 1999; Favier *et al.*, 2002). Phase 1 starts at birth and lasts during the first or second week of life. In this phase, bacteria from the surrounding environment of the newborn starts to colonize the intestine, especially the ones that come from the mother, where enterobacteria (*E. coli*) and streptococci begin to dominate along with clostridia and lactobacilli. Phase 2 is characterized by a period of time where breast milk is the only source of food, in which the intestinal environment starts to be dominated by anaerobes such as bifidobacteria and less colonized by *E. coli*, streptococci, bacteroides, and clostridia. Phase 3 is marked by initial introduction of food supplementation other than breast milk. Phase 4 begins as when breast milk is withdrawn from the baby's diet (weaning). These last two phases are characterized

by the progressive addition of *Streptococcus*, *Bacteroides*, *Clostridium*, anaerobic gram-positive cocci, peptostreptococci, and peptococci, and a decline in bacteria such as *E. coli*, until the second year of life where the microbiota starts to resemble adult patterns (Conway, 1997; Mackie *et al.*, 1999; Favier *et al.*, 2002).

The most important functions in which the human and animal microbiota are related with the host are: development of the immune system (Kimura *et al.*, 1997; Toivanen *et al.*, 2001; Deplancke and Gaskins., 2001; Svensson and Wenneras., 2005), source of hormone-like compounds (Clavel *et al.* 2005), carcinogenesis, host metabolism (Tannock., 1999; Ley *et al.* 2005), nutrition, and prevention of establishment of pathogens (Mai and Morris. 2003; Coolen *et al.* 2005). Due to this latter reason, the need to find a better way to study the microflora in developing countries is critical. Gastrointestinal diseases constitute a main health problem worldwide and are among the most prevalent causes of death in developing countries. They are water related diseases and are also strongly associated to deficient sanitary conditions, poverty, lack of hygiene and education (WHO). Ecuador is not an excluding example to these problems. According to the last Ecuadorian census performed in 2001, 63.1% of the entire population lack of basic amenities; 61.3% of the people are affected by poverty, and 31.9% live in extreme poverty (INEC, 2001). According to the latest data published by the Ecuadorian National Ministry of Health, in 2003 there were a total of 258.265 reported cases of diarrhea in the general population. During the same year, there were 450 fatal cases reported due to diarrhea and gastroenteritis from presumed infectious etiology, from which 33.55% (151 cases) occurred in children under their first year of life, placing this etiology as the 7<sup>th</sup> cause of death in this age group (INEC, OMS. 2004). Along with this, in that year, these very same etiologies were considered as the 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> most common cause of morbidity in males, children

and females respectively (INEC. 2003). Because of this, places such as Ecuadorian rural tropics constitute ideal locations in order to study the development of the intestinal microbiota of infants that are exposed to different environments comparing to urban children.

The study of the intestinal microbiota has proved extremely difficult because of problems in cultivating the majority of the species dwelling in the digestive tract. It has been estimated that nearly 60 to 80% of the bacterial species that form part of the intestinal microbiota have not been able to be cultivated yet, in agreement with other studies that describe that the cultivable species residing in the intestine range from 15 to 58% (Suau *et al.* 1999; Vaughan *et al.*, 2000).

Until now, most studies have focused on fecal samples, and few have evaluated the differences between the microbiota residing in different anatomic sites within the digestive tract, starting from the 500 species described in the oral cavity (Kroes *et al.*, 1999; Paster *et al.*, 2001; Sakamoto *et al.*, 2003) to those found in feces. Little is known about the composition of bacteria along the digestive tract of humans. Several studies using animal models have provided interesting data with respect to the molecular characterization of the microbiota (Leser *et al.*, 2002; Deplancke *et al.*, 2002; Guan *et al.*, 2003) and the differences in composition between distinct levels of the digestive tract (Pryde *et al.*, 1999). It is also clear that in humans the composition of fecal microbiota differs greatly from the rest of the digestive microbial environments (Marteau *et al.*, 2001; Zoetendal *et al.*, 2002; Mai and Morris., 2003).

Almost all the information collected in the past years comes from studies based on cultivable bacteria (Zoetendal *et al.*, 2002; Mai and Morris., 2003), methodology that has shown enormous inconsistencies depending on the type of media used (Apajalahti *et al.*,

2003). In recent years, many molecular techniques have been developed in order to expand our knowledge of the composition of the microbiota, and these have generated valuable information through an analysis based on variability in bacterial 16S ribosomal RNA genes (Figure 1) that have permitted new phylogenetic approaches (Amann *et al.*, 1995).

There are many reasons for using the 16S rRNA genes in order to classify bacteria: 1) the genes are highly conserved because of their essential function for life, 2) the genes are present universally in all cellular life forms, 3) the ~1500 nucleotides that compose the 16S rRNA genes can provide adequate phylogenetic information through sequencing compared to the much larger 23S rRNA genes (~3000 nucleotides), 4) the mutation rate of these genes is sufficient to establish evolutionary divergence of organisms, 5) the structure of their sequences alternate between variable and conserved segments which make them ideal for the design of molecular probes, and 6) the specificity of their sequences are useful to determine the exact genus and species to which they correspond (Vaughan *et al.*, 2000).

Several molecular techniques based on the study of the 16S rDNA of bacterial communities have been employed including: PCR amplification (Wang *et al.*, 1996), cloning and sequencing (Wilson and Blichington., 1996; Wang *et al.*, 2003), Amplified Fragment Length Polymorphism (AFLP) (Diaz and Rodarte., 2003), Denaturing Gradient Gel Electrophoresis (DGGE), Temperature Gradient Gel Electrophoresis (TGGE) (Muyzer and Smalla., 1998), 16S rRNA-targeted oligonucleotide probes and quantitative dot blot hybridization (Sghir *et al.*, 2000), Fluorescence *in situ* Hybridization (FISH) (Franks *et al.*, 1998), flow Cytometry (Wallner *et al.*, 1997; Zoetendal *et al.*, 2002), Terminal Restriction Fragment Length Polymorphisms (Liu *et al.*, 1997) , Single Strand Conformation Polymorphism (SSCP) (Orita *et al.*, 1998) and DNA array (Microarray) technology (Loy *et*

*al.*, 2002; El Fatroussi *et al.*, 2003). These molecular techniques also allow investigators to study less-abundant species of bacteria which are difficult to evaluate using culture-based methods and have become extremely useful for the characterization of the intestinal microbiota, allowing the detection of previously undescribed species. However, these methods might not be able to detect all species found in the studied samples (Wilson *et al.*, 1996) and the data they produce cannot be transformed in 100% accurate numbers due to minor factors that can alter an exact quantification (Zoetendal *et al.* 2002).

T-RFLP and DGGE have been described as useful techniques to evaluate fecal microbiota (Satokari *et al.* 2001; Zoetendal *et al.* 2002; Nagashima *et al.* 2003), although few studies have utilized both at the same time (Sakamoto *et al.* 2003; Bernbom *et al.* 2006)). One of those studies showed almost identical dendrograms constructed by T-RFLP and DGGE (Moeseneder *et al.* 1999). A better understanding of the benefits and inconveniencies that implies using one or both techniques is needed, especially to evaluate stool samples. Figure 2 shows the main steps followed in the processing of fecal samples by T-RFLP and DGGE. Relevant features of the techniques are described below:

### **T-RFLP**

First described by Liu *et al.* in 1997 as a variant of Amplified rDNA Restriction Analysis (ARDRA) (Guan *et al.* 2003), T-RFLP has been successfully used to create fingerprints of a vast number of bacterial communities. It is based on the use of universal primers to amplify a segment of each of the 16S rDNA sequences belonging to different bacteria found in a community. The distinction from making a simple RFLP analysis of 16S rDNA relies on labeling the primers with a fluorescent dye. Thus, tagging both of the

primers ensures that only the terminal fragments of the amplicons are detected after being cut with restriction enzymes and run in a sequencing gel (Liu et al. 1997). Sakamoto and collaborators were the first research group to apply T-RFLP to the analysis of human fecal samples (Sakamoto et al., 2003). Currently, the technique is widely used and new applications for this method are constantly being described.

### **Advantages**

It is considered to have a higher resolution than DGGE because of the larger number of Operational Taxonomic Units (OTUs) that it detects (Moeseneder *et al.* 1999), and constitutes a tool that has become extremely useful for the mass screening of stool samples because of high reproducibility and throughput (Nagashima *et al.*, 2003). There is a smaller probability of investigator bias than for DGGE. Results are also semi-quantitative and more reproducible.

### **Disadvantages**

It is difficult to predict the precise length of the terminal fragments produced by each enzyme. On the other hand, a variation between 0 and 5% of the amplified sequence is expected to occur even among similar strains, constituting another problem when evaluating a bacterial community with T-RFLP and many other techniques. (Liu et al. 1997). The resolution of the T-RFLP depends on choosing a suitable restriction enzyme to evaluate a given bacterial community (Sakamoto et al., 2003; Bernbom *et al.* 2006). There is a chance that two or more sequences could have an identical restriction site and produce fragments of equal length (Moeseneder *et al.* 1999). The method requires sequencing equipment and is less suitable for the study of unknown non-cultivable bacteria. Primers are

more expensive because of the fluorescent dyes. Species of bacteria cannot always be identified by the peaks and peak identification requires a clone library (Zoetendal *et al.*, 2004). There is no possibility to further study OTUs (sequencing).

## **DGGE**

Ever since Muyzer et al. described DGGE for the first time in 1993 as a useful tool to separate and analyze amplification products from the variable region V3 of 16S rRNA genes of bacteria, many investigators used this method to study the diversity of bacterial communities. DGGE employs an increasing linear gradient of chemicals (urea and formamide) in a polyacrylamide gel to separate the products of PCR amplification based on the sequence difference rather than molecular weight (Muyzer and Smalla., 1998). The primers used are designed to have a clamp of 40 GC that modifies the melting behavior of the double-stranded DNA molecules and improves the resolution of the gels obtained.

### **Advantages**

DGGE is highly sensitive and is capable of detecting bacterial species that constitute at least 1% of the total amount of bacteria in a sample (Muyzer et al., 1993). It is a simple methodology that does not use radioactive substances, and can provide semi-quantitative information about bacterial communities. DGGE gel bands can be excised, and the PCR products cloned and sequenced to allow identification of previously unidentified bacteria.

### **Disadvantages**



Bands may not have the same sequence even when sharing the same migrating behavior and the same position in the gel (Muyzer and Smalla., 1998). It cannot separate well DNA fragments larger than 500 base pairs, and short amplicons contain less information to process and compare (Díez *et al.* 2001). The way samples are handled and stored (aerobically and anaerobically) and the different DNA extraction protocols used might influence banding patterns (Muyzer and Smalla., 1998). Genes rich in GC are difficult to analyze by this method and the method involves the use of toxic substances such as formamide and silver nitrate. It is more susceptible to observer or investigator bias, especially in the identification and selection of bands. Finally, the identification of specimens requires a clone library (Zoetendal *et al.*, 2004).

We pretend to supply useful information about the convenience to apply the most suitable method to study human intestinal bacterial communities in developing countries, and by these means to retrieve larger amounts of data combining variables directly affecting or affected by the intestinal microbiota. In the following study, we intended to prove that T-RFLP and DGGE are not entirely comparable methods regarding to the evaluation of intestinal microbiota because of the different analysis methodology that they require and the different type of data that they retrieve. The use of T-RFLP and DGGE was evaluated to evidence the diversity of microbial communities in stool samples of breastfed infants residing in rural areas and the fingerprint clusters obtained using each method were compared. Additionally, representative DGGE bands were excised to be cloned and sequenced, in order to identify bacteria that are consistently present in individuals of the same group of age.

## **Materials and Methods**

### **Sample and data collection**

Stool samples were collected from infants (3 females and 4 males) recruited into the ECUAVIDA Project, a study that is investigating the effect of environmental exposures in early life on the development of systemic and mucosal immunity and the later risk of the development of inflammatory diseases (e.g. asthma). The study is recruiting newborns living in the Canton of Quinindé in Esmeraldas Province, Ecuador. Quinindé is a largely rural area with agriculture being the major source of income. Stool samples were collected within the first 15 days of life (sample N1), at 3 (N2), and at 7 months of age (N3). After collection, stool samples were immediately frozen at -20 °C until processed. Pre-tested questionnaires were administered to the infant mothers at the time of the collection of samples N1 and N3, and detailed information including the following factors was obtained: lifestyle factors (breast feeding, complementary feeding, socio-economic level, overcrowding, diet/weaning, etc) and other relevant factors such as parity, neonatal and infant data (method of delivery and birth date) (Table 1). Informed written consent was obtained from the infants' mothers to participate in the study and the study protocol was approved by the Ethics Committee of the Hospital Pedro Vicente Maldonado, Pichincha Province, Ecuador.

### **Extraction, precipitation, re-suspension and dilution of DNA**

DNA from stool samples was extracted with a QIAamp DNA Stool Mini Kit (Qiagen) according to the manufacturer's "Protocol for isolation of DNA from stool for

pathogen detection". Lysis temperature was increased to 95°C after adding Buffer ASL to improve DNA extraction for Gram-positive bacteria. Final volumes of 200 uL were obtained. For transportation reasons, DNA was precipitated using a DNA concentration protocol (MoBio). Twenty uL of 5M NaCl were added to each tube. After mixing, 400 uL of cold 100% ethanol was added, mixed and centrifuged for 5 min. Liquid was decanted and 1.5 mL Eppendorf tubes were air dried and transported at room temperature from Quito to the University of Illinois at Urbana –Champaign. In Illinois, DNA was resuspended in 50 uL of deionized water and quantified by comparing each sample's band intensity to a standard ladder (Hyperladder II, Bioline) with Image J software after running ladder and samples in a 2% agarose gel stained with ethidium bromide. DNA was diluted to 5 ng/uL for DGGE and to 10 ng/uL for T-RFLP PCR amplifications after testing 1 ng/uL, 5 ng/uL and 10 ng/uL dilutions to choose a best amplification product.

### **T-RFLP PCR amplification and enzymatic digestion**

A ~1503 bp fragment was amplified with the primers Fam-27f Bac (5' GAG TTT GAT YMT GGC TCA G 3'; 5' labeled with phosphoramidite fluorochrome 5-carboxyfluorescein, blue dye) and Hex-1492r (5' TAC CTT GTT ACG ACT T 3', labeled with 4,7,2',4',5',7'-hexachloro-6-carboxyfluorescein, green dye) both synthesized by Integral DNA Technologies, Inc (IDT) (Moeseneder *et al.* 1999; Wang *et al.* 2003). Each 50 uL of PCR mixture contained 5 uL of 10X HotMaster Taq Buffer with MgCl (Eppendorf), 4 uL of Purified BSA (100ug/mL) (BioLabs), 1 uL of dNTP mix (Promega) each deoxynucleoside triphosphate at 10 mM, 1.8 uL of both primers (25 uM each) reaching a final concentration of 0.4 nM each, 0.1 uL of HotMaster Taq DNA Polymerase

(5U/uL, Eppendorf) and 35.3 uL of distilled water. Only 1 uL of DNA template was used at a concentration of 10 ng/uL. PCR cycling conditions were: initial denaturation temperature at 94°C for 4 min, 30 cycles of: denaturation step at 94°C for 1 min, annealing step at 48°C for 30 s and an extension step at 72°C for 2 min, followed by a final extension step at 72°C for 12 min. A GeneAmp PCR System 2700 thermal cycler (Applied Biosystems) was used. Amplicons were purified with a QIAquick PCR Purification kit (Qiagen), a SPIN protocol (using a microcentrifuge) was performed as described by the manufacturer. The enzymatic digestion was performed with *Hae III*. A better resolution and larger amount of peaks were obtained with this enzyme in previous tests (Nakamura N, unpublished data) The mixture reaction for each purified sample contained 2 uL of NE Buffer 2 10X (New England BioLabs), 0.5 (5 U) of Restriction Enzyme *Hae III* (10U/uL) (New England BioLabs), 7.5 uL of deionized water. Ten uL of purified PCR product were added to have a final volume of 20 uL. After incubating the mixture for 30 min at 37°C, 0.5 uL of NE Buffer 2 10X, 0.5 uL of Restriction Enzyme *Hae III* and 4 uL of deionized water were added to each reaction tube to have a final volume of 25 uL. Again the mixture was incubated for 30 min at 37°C.

### **T-RFLP analysis**

Digested products were sent to the Biotechnology Center of University of Illinois at Urbana-Champaign (UIUC Core Sequencing Facility) for fragment analysis. Data and graphs were processed with GeneMapper v3.7 software. Only data from the undiluted digested products were used and processed by perl (<http://www.perl.com>), R (<http://www.r-project.org>) and SAS software. Similarity comparison was done using Ward's algorithm,

dendrograms were constructed by UPGMA (Unweighted Pair Group Method with Mathematical Averages) method.

### **DGGE PCR amplification and ssDNA removal**

The primers used amplified a fragment of ~193 bp of the V3 region of 16S rDNA. 16SV3F-GC (341F 5'CGC CCG CCG CGC GCG GCG GGC GGG GCG GGG GCA CGG GGG GCC TAC GGG AGG CAG CAG 3') and 16SV3R (534R 5' ATT ACC GCG GCT GCT GG 3') (Muyzer et al., 1993) were both synthesized by Integral DNA Technologies, Inc (IDT). Each 25 uL of PCR mixture contained 2.5 uL of 10X HotMaster Taq Buffer with MgCl (Eppendorf), 2.5 uL of Purified BSA (100ug/mL) (BioLabs), 0.5 uL of dNTP mix (Promega) each deoxynucleoside triphosphate at 10 mM, 1 uL of both primers (25 uM each), 0.25 uL of HotMaster Taq DNA Polymerase (5U/uL, Eppendorf) and 16.25 uL of distilled water. Only 1 uL of DNA template was used at a concentration of 5 ng/uL. Touchdown PCR cycling conditions were: initial denaturation temperature at 94°C for 4 min, 20 cycles of: denaturation step at 94°C for 30 s, annealing step at 65°C for 30 s, reducing 0.5 °C the annealing temperature with each cycle and an extension step at 72°C for 30 s, then 10 cycles of: denaturation step at 94°C for 30 s, annealing step at 55°C for 30 s, and an extension step at 72°C for 30 s, followed by a final extension step at 72°C for 7 min. A GeneAmp PCR System 2700 thermal cycler (Applied Biosystems) was used. Removal of ssDNA was performed using the following protocol. Mung Bean Nuclease stock (MBNs) solution was prepared by adding 0.5 uL of Mung Bean Nuclease (10.000 U/mL, New England Biolabs) to 99.5 ul of deionized water. One and a half uL of 10X Mung Bean Buffer (New England Biolabs), 1 uL of MBNs and 2.5 uL of deionized water were added to

each 10 uL of PCR product to reach a final volume of 15 uL. Samples were incubated at 30°C for 10 min and 5 uL of 2X Loading Buffer (0.05% bromophenol blue, 0.05% xylene cyanol, 70% glycerol w/v in H<sub>2</sub>O) to stop the reaction were added (Simpson *et al.* 1999).

### **DGGE gel preparation and staining**

A parallel gel was performed with a D-Code System (Bio-Rad; Hercules, CA) as described previously (Simpson JM, et al. 1999). Linear gradients of denaturant were performed with a Bio-Rad Gradient Former Model 385 going from 35 to 60 % (100% of denaturant corresponding to 40% formamide and 7 M urea) in an 8% polyacrylamide gel with 1X TAE buffer (0.5 nM Na<sub>2</sub> EDTA, 10mM sodium acetate, 20 mM Tris-acetate, pH 7.4). The gel polymerized onto a gel support film (FMC) and a Bio-Rad casting stand in about 40 min (Zwart and Bok. 2004). Ten uL of each PCR product and Loading Buffer mixture were loaded into the wells when 1X TAE Buffer reached 60°C. The standard ladder used was made with 16S V3 region amplicons of the following bacteria: *Bacteroides fragilis*, *Eubacterium rectale*, *S. aureus*, *Lactobacillus delbrueckii*, *E. coli* , *Bifidobacterium adolescents* and *Clostridium paraputrificum*. The gel ran at 150 V for 2 hours and then at 200 V for 1 hour. Silver staining was performed. Gel was set on a belly dancer with Fixation Solution (15 mL of Acetic Acid, 30 mL 100% ethanol, and deionized water up to 300 mL) for 2 hours, then washed 3 times with deionized water. Solution I (0.2 g of silver nitrate in 200 mL of deionized water) was added and left for 20 min on belly dancer, then washed one time with deionized water. Solution II (0.02 sodium borohydride, 1.5% (3 g) sodium hydroxide, 800 uL of 37% formaldehyde, and deionized water up to 200

mL) was added and set on a belly dancer for 12 min until developed. The gel was finally washed four times with deionized water to stop reaction.

### **DGGE analysis**

Scanning of the gel was performed with a GS-710 Calibrated Imaging Densitometer (Bio-Rad). After being scanned, the digitized DGGE images were analyzed with Diversity Database software 2.2.0 (Bio-Rad). The image analysis evaluated the presence or absence of bands on each lane and their intensity (Díez *et al.* 2001). Each band was considered as a different Operational Taxonomic Units (OTUs) after background subtraction. Similarity comparison was done using Dice's coefficient analysis and Ward's algorithm. Dendrograms were constructed by UPGMA (Unweighted Pair Group Method with Mathematical Averages) method to show relationships between all the DGGE fingerprints and between age groups (Diversity Database Software 2.2.0) (Simpson *et al.* 2000).

### **Excision and cloning of DGGE gel bands**

Bands from DGGE gel were chosen because of their predominant presence on different groups of age. Bands coded 28, were more prevalent on samples from the 7<sup>th</sup> month, bands coded 61 were more prevalent on samples from 15 days and 3<sup>rd</sup> month and finally, bands coded 64 were predominant on samples from the first 15 days of life. Bands were excised from the DGGE gel using a needle and transferred to 1.5 ml Eppendorf tubes containing 20 uL of deionized water. After staying over night at 4°C, 3 uL of the DNA solution from each diluted band was used to be re-amplified with the following primers: 16SV3F (341F 5'CC TAC GGG AGG CAG CAG 3') and 16SV3R (534R 5' ATT ACC

GCG GCT GCT GG 3') (Muyzer et al., 1993), both synthesized by Integral DNA Technologies, Inc (IDT). Each 25 uL of PCR reaction mixture contained 2.5 uL of 10X HotMaster Taq Buffer with MgCl (Eppendorf), 2.5 uL of Purified BSA (100ug/mL) (BioLabs), 0.5 uL of dNTP mix (Promega) each deoxynucleoside triphosphate at 10 mM, 1 uL of both primers (25 uM each), 0.25 uL of HotMaster Taq DNA Polymerase (5U/uL, Eppendorf) and 14.25 uL of distilled water. PCR cycling conditions were: initial denaturation temperature at 94°C for 4 min, 30 cycles of: denaturation step at 94°C for 30 s, annealing step at 55°C for 30 s, and an extension step at 72°C for 30 s, followed by a final extension step at 72°C for 7 min. A GeneAmp PCR System 2700 thermal cycler (Applied Biosystems) was used. A 2% agarose gel was run to verify PCR amplification products. Positive products were cloned utilizing a TOPO TA Cloning Kit (Invitrogen) following instructions of the manufacturer. "One Shot Chemical Transformation Protocol" was applied on "Transforming One Shot TOP 10 *E. coli* Competent Cells" (Invitrogen). Recovery and plating of cells were performed spreading 50 uL of "heat shock"transformed cells on LB (Luria Bertani, 1% tryptone, 0.5% yeast extract, 1% NaCl, pH 7) Petri agar (15g/L agar) dishes with an additional final concentration of 50 ug/ml of ampicillin (sodium salt, Sigma) and 20 ug/ml of X-gal (5-bromo-4-chloro-3-indolyl-β-D-galactopyranoside, Sigma). Plates were incubated over night at 37°C. Next morning, white or light blue colonies were recovered from each plate, and placed on 5 mL of LB liquid medium into 15 ml Falcon tubes, one for each colony. Tubes were placed on a shaker in a 37°C incubation room for 24 hours. Next morning, after centrifugating 1.9 ml of culture using 2 ml microcentrifuge tubes for 5 min at 13.000 rpm twice, a "QIAprep Plasmid DNA purification kit" (Qiagen) was used for each sample. A "Spin miniprep kit and a microcentrifuge using LyseBlue reagent protocol" was applied, following instructions of



the manufacturer. Plasmid analysis was performed digesting each purified plasmid with EcoR1 utilizing the following protocol for each sample: 5 uL plasmid DNA, 1 uL React 3 10X buffer (Invitrogen), 1 uL EcoR1 enzyme (Invitrogen), and 3 uL of distilled water. Tubes were placed in 37°C water bath for 90 min. Efficiency of the restriction enzyme was evidenced running the samples in a 2% agarose gel stained with ethidium bromide.

### **Sequencing and analysis of the sequences**

Twelve samples were sent to be sequenced to the Biotechnology Center of University of Illinois at Urbana-Champaign (UIUC Core Sequencing Facility), but only ten sequences were considered reliable. The obtained sequences were processed by Mega 3.1 software and compared to sequences found in the National Center for Biotechnology Information Nucleotide Data Base (BLAST, <http://www.ncbi.nlm.nih.gov/blast>). Phylogenetic trees were constructed by bootstrap using Neighbor Joining method for each sequence. *Rhabdochlamydia crassificans* (AY928092) and *Leptonema illini* 16S rDNA sequences were used as out-groups for phylogenetic analysis (Supplementary information, figures 1, 2 and 3).

## **Results**

### **Study Population**

The study population was composed by three females and four males. Only two of the infants were not completely weaned by the seventh month. Supplementation other than breast milk started at different times in most of the children, three of them started weaning

at their first month, the rest of the infants started at the third, fifth, sixth and seventh months. By the seventh month, three of them were fed with formula, another three were receiving cow's milk, and all were receiving fruit. Two were born by caesarean section and five were vaginally delivered. Regarding to maternal education, only two reached college level and the rest had an education level below high school (two did not complete basic school). House crowding varied from 1.7 to 8 persons per room and household income varied from 150 to 750 US dollars per month (Table 1).

### **T-RFLP**

As shown in Figure 3, an amplification product of ~1503 bp (almost the entire 16S rDNA gene), with no unspecific bands was obtained for each sample. None of the samples showed PCR amplification problems due to fecal inhibitory substances. Table 2 shows the number of green and blue T-RFLP major peaks counted on each sample. A total of 26 different green peaks were counted among all the samples and 74 different blue peaks were also recognized. Figure 4 shows T-RFLP graphics from all the samples processed. Changes of the microbiota were observed by distinguishing presence or absence of peaks, as well as by their differences in fluorescence intensity (height of peaks). The average of number of peaks were 14.7, 14.5 and 21.4 for N1 (15 days), N2 (third month) and N3 (seventh month) groups respectively. These data agreed with the expected increase of complexity that bacterial communities acquire as they develop within time. Peaks that seemed to appear at the same level on the T-RFLP graphics from samples of the same individual did not have equal number of base pairs, and were classified as different by the precise detection of the gel scanning process. After analyzing the numerical data of peaks,

differences were found between samples from the same individuals at different time periods, showing evident patterns of bacterial succession. Different patterns were observed while comparing samples from each infant to the other, showing also enormous variability of the microbiota between individuals.

## **DGGE**

Touchdown PCR was performed to amplify the products of V3 variable region of 16S rDNA (~193 bp) of each sample (Figure 5). DGGE gels showed clear banding and good resolution. A total of 76 different bands were detected by Diversity Database Software. The average of number of bands from all the samples from N1 (first 15 days), N2 (third month) and N3 (seventh month) were 13.4, 11.2 and 12.2 respectively. Table 2 shows the number of bands counted in DGGE gel for each sample. Statistical analysis showed significant difference between the amount of information (OTUs, Operational Taxonomic Units) that retrieved the total and the seventh month count of DGGE bands and T-RFLP peaks. These results demonstrated that DGGE produced less data than T-RFLP (Figure 6). Changes in number, intensity and type of banding patterns were observed between samples of the same individual collected at different times, showing clear evidence of bacterial succession. Counts and banding patterns were also different between individuals of the same age, demonstrating unique fingerprints for each infant. Samples collected at the first 15 days of life (N1) showed more bands located at the lower zone of the gel, where sequences with a higher content of CG (higher melting temperature) can be contained, because of the higher amount of denaturing chemicals. Samples collected at the seventh month (N3) showed more bands in the upper zone of the gel. A transition shift of

different CG containing bands was observed in N2 (third month) samples, where more bands with a lower content of CG started to appear, balancing the amount of bands located in the upper and lower zone of the gel (Figure 7). Additionally, only two types of bands matched the standards set on the ladder, which corresponded to standard bands number one (*Bacteroides fragilis*) and five (*Escherichia coli*). Bands corresponding to *B. fragilis* were most prevalent on N3 samples (N301, N306, N310 and N328), and bands corresponding to *E. coli* were most prevalent on N1 samples, specifically N103, N107, N108 and N110 (Figure 7).

### **T-RFLP and DGGE dendrograms**

The dendrograms produced comparing all the samples by T-RFLP and DGGE did not match and did not follow a similar clustering pattern (Figure 8), the same absence of clustering similarities between techniques was observed also when additional dendrograms constructed with samples from each group of age (N1, N2 and N3) were compared. Moreover, N1, N2 and N3 dendrograms constructed with the information produced by the same technique (Figures 9, 10 and 11), did not follow a similar clustering pattern either. Only a few clusters from either one of the dendrograms containing all the samples corresponded to individuals of the same age, specially the ones collected at the seventh month of life (N3). A few of the 15 days samples (N2) also clustered together (Figure 8).

The T-RFLP dendrogram contained four main clusters, one of them composed by a larger number of samples. Cluster number 2 contained six out of the seven samples from breastfed infants at their seventh month of life (N3). Similarly, the DGGE dendrogram formed four main clusters. As in the case of the T-RFLP dendrogram, cluster number 2

contained most of the samples collected at the seventh month of life, clustering together five out of the seven samples corresponding to this group of age. When we analyzed the three samples obtained from the same individual at different times, none of them clustered. No other similarity was observed among the dendrograms, except for clustering by gender evidenced in the DGGE dendrogram constructed from third month samples, where female samples were separated in a single cluster from male samples (Figure 10).

### **Analysis of sequences obtained from excised DGGE bands**

We intended to identify bands that were present in most of the samples belonging to certain group of age and were absent or less prevalent in the samples from the rest of the groups. After excision of the bands, cloning and insertion of the sequences were verified in an agarose gel (Figure 12). Twelve plasmids were chosen and sent to be sequenced. Ten out of the twelve plasmids retrieved sequences that could be compared to sequences found in the National Center for Biotechnology Information Nucleotide Data Base (NCBI). The results are shown in Table 3. Sequences coded 28-18-3 and 28-19-7 were excised from bands located in different lanes (different individual's samples) of the gel that shared the same migration distance, as expected, they clustered together when their sequences were compared with Mega 3.1 software (Figure 13). As also expected, sequences 61-3 and 61-4 (derived from the same band and lane) clustered together as did sequences 64-4 and 64-5. Sequences 61-3 and 61-4 matched both uncultured Bacteroidetes clones sequences. Sequences 64-4 and 64-5 matched uncultured bacteria clone sequences, the first one resembling also to certain types of enterobacteria (*Enterobacter*, *E. coli*, and uncultured gamma proteobacterium clones). All of the sequences coded as 28 showed similarity to

uncultured clones of bacteria, most of them clustered together with uncultured Bacteroidetes/Bacteroidales sequences, and were present in samples N208, N301, N303, N306, N307 and N308, being most prevalent on seventh month samples.

Although cloned from the same excised band, sequences 28-19-3 and 28-19-4 differed from 28-19-7, sequences 61-3 and 61-4 differed from 61-5, and sequences 64-4 and 64-5 differed also from 64-2, showing that different sequences originated from different bacteria can be located in the same gel band because of their equal melting temperature. Sequence 61-5 showed 98% identity to *Veillonella* sequences. Bands coded 61, were more prevalent on samples from the first 15 days and third month of life. Sequence 64-2 showed 98% identity to *Staphylococcus aureus* which was not consistent with the expected position of the band it was cloned from, comparing with the position of band number 3 (*S. aureus*), located in the reference ladder (Figure 7). Sequences coded 64 were more prevalent on samples collected in the first 15 days.

## **Discussion**

As in the present study, many other studies have shown before that intestinal bacterial community patterns change continuously over time (Simpson *et al.* 2000). Others have also indicated that the microbiota stays relatively stable, with only minor changes in microbial intestinal patterns (Franks *et al.* 1998; Sghir *et al.* 2000) even when probiotics are administrated (Zoetendal *et al.* 1998; Tannock *et al.* 2000; Toivanen *et al.*, 2001), demonstrating that samples that have been taken from the same individual usually cluster together even when collected at different sampling times (Bernbom *et al.* 2006). These stable patterns have also been observed in the microbiota of saliva (Sakamoto *et al.* 2003)

and vagina (Coolen *et al.* 2005). We could not evidence such minor changes or stability in the samples studied, on the contrary, we observed major changes in banding (DGGE) and peak (T-RFLP) patterns between the samples collected from the same individual at different times, showing that intestinal bacterial succession is a dynamic process that becomes more complex and evident in the early months of life. Along with this, samples collected from different individuals showed also major differences in their banding pattern that did not result in clear clustering in any of the dendrograms created. The major factors involved in the maintenance, cycling, and composition of the microbiota are: diet, age, pH, reduction potential, medicines (e.g. antibiotics), stress and host genetic background. (Toivanen *et al.*, 2001; Mai and Morris., 2003).

Since many of the factors described above are difficult to control in humans, the lack of clustering between most of the samples from the same individual could be explained by the following reasons: 1) The first two years of life in humans represent a period during which there are enormous changes in the environment of the intestine caused by changes in diet (eg breast-feeding, weaning, etc) that are likely to have significant effects on the development of the microbiota, in contrast to the more stable flora observed in adults in whom dietary changes tend to be minimal and the succession process is less evident (Mackie *et al.*, 1999; Franks *et al.* 1998; Sghir *et al.* 2000). 2) Each sampling time represents totally different stages of bacterial colonization especially regarding to diet and age (Simpson *et al.* 2000). The sampling between the 1<sup>st</sup> (two weeks), 2<sup>nd</sup> (third month) and 3<sup>rd</sup> (seventh month) collections could be too far away from each other. Besides, the sampling periods in this study intended to show a separated phase of life that was previously described as a phase that strongly marks the composition of the intestinal microbiota depending on the substrates that become available for the bacteria newly added

to the intestine (Mai and Morris., 2003). 3) Even though the infants shared factors such as similar environmental living conditions and age, differences in the own genetic background of every infant may have affected clustering. Even though a few clusters had a predominance of samples corresponding to individuals sharing the same age, in general, most of the samples did not follow any clustering pattern directed by this latter factor. 4) All children were included on the regular diet of the family by the 7<sup>th</sup> month, and diet and time of weaning varied from one infant to the other (Table 1). 5) Small sample size and limit power to detect absolute patterns of the two different techniques used. 6) Finally, the software used to process each methodology was different and this could also influence the lack of clustering similarities.

Only one of the DGGE dendrograms (third month samples) was able to cluster samples by gender (Figure 10), influencing factor that has previously been associated with stool microbiota clustering in an animal model study (Bernbom et al. 2006). None of the rest of the dendrograms created showed similar gender clustering patterns.

Contrary to the data shown here, there are studies where the OTUs of T-RFLP produced the same clustering patterns as the DGGE ones, resulting in identical dendrograms except for the length of their branches, differences that were attributed to the larger number of OTUs that T-RFLP retrieved (Moeseneder *et al.* 1999).

A study conducted by Sakamoto M (2003) showed at the same time concordances and discrepancies between PCR data and the analysis performed by T-RFLP and DGGE. PCR bias was the main reason to explain discrepancies in one of the samples studied (Sakamoto et al., 2003). PCR bias can favor the amplification of certain sequences over others due to preferential priming (Díez *et al.* 2001) and thus, may alter fingerprint patterns.



The use of different primers and different 16S rDNA sequence targets, could also affect clustering similarities in this study due to preferential priming.

In other studies (Moeseneder *et al.* 1999), T-RFLP demonstrated a better resolution and retrieved larger amount of data (OTUs) (Table 2) than DGGE. T-RFLP showed to be a technique that demanded less time of processing and less possibility of bias. The better sensitivity of T-RFLP and its finer detection of OTUs were also shown in this study. DGGE proved to be more time-consuming and had more possibilities of bias, but was very useful on the characterization of known and unknown bacterial sequences.

Sequencing of excised bands allowed us to evidence early colonization (at 15 days of life) of bacteria such as: *Veillonella* sp, uncultured bacteroidetes and other uncultured bacteria in the infants studied. Persistent colonization of *Veillonella* sp and uncultured Bacteroidetes was observed by the presence of the corresponding bands in most of the samples belonging to the third month of life. Similarly, sequences showing high identity to uncultured bacterial clones that resembled Bacteroidales, Bacteroidetes and other unknown bacteria clone sequences were present in most of the samples belonging to the seventh month of life and absent in the rest of the age groups. These results are consistent with previous reports where progressive addition of Bacteroidetes has been described during phases 3 and 4 of bacterial succession (Conway, 1997; Mackie *et al.*, 1999; Favier *et al.*, 2002). Furthermore, although DGGE bands that corresponded to the position of *B. fragilis* and *E. coli* in the standard ladder were not cloned and sequenced, a possible early colonization of *E. coli* and latter colonization of *B. fragilis* (seventh month) could be inferred by the presence of the corresponding bands, data that are consistent with previous reports (Conway, 1997; Mackie *et al.*, 1999; Favier *et al.*, 2002). Additionally, sequence 64-2 showed 98% identity to *Staphylococcus aureus*, but its position in the gel did not

correspond to the band set in the standard ladder and this makes difficult to infer an early colonization of this bacterium on the sample studied.

The data shown in this study could not demonstrate marked differences by age groups or specific phases of bacterial succession, but allowed us to observe major general shifts in the development of the intestinal microbiota of human breastfed infants during their first seventh months of life and to compare the benefits and drawbacks that DGGE and T-RFLP offer.

## **Conclusions**

Previous approaches such as cloning and sequencing of the products of 16S rDNA amplification by PCR have been extensively used to evaluate bacterial communities. Unfortunately, most of these techniques are extremely time-consuming, laborious and provide only qualitative data. Even though T-RFLP and DGGE methods can not be entirely comparable, the different benefits that each of them offer can be applied depending on the necessities of every study. The less bias, more sensitivity and reproducibility of T-RFLP may be more useful in mass screening, while DGGE can constitute a better option while trying to characterize new genera and species of bacteria due to its capability to perform further sequencing. Each technique can be complementary in aspects where the other fails. For these reasons, DGGE and T-RFLP offer both important advantages for the study of fecal microbiota. The methods, however, cannot always retrieve similar clustering patterns and thus, can not solve entirely the understanding about the complex dynamics that bacterial communities enclose. More studies and new techniques are needed to solve all the uncertainties that the human microbiota hides.

## References

- Amann R. et al. 1995 Phylogenetic identification and In Situ detection on individual microbial cells without cultivation. *Micr Rev* 59;1:143-169.
- Apajalahti J, et al. 2003. Selective plating underestimates abundance and shows differential recovery of Bifidobacterial species from human feces. *App. Env. Micr.* 69;9:5731-5735.
- Bäckhed F. et al. 2005. Host-Bacterial mutualism in the human intestine. *Science.* 307:1915-1920.
- Bernbom N et al. 2006. Comparison of methods and animal models commonly used for investigation of fecal microbiota: Effects of time, host and gender. *J Micr Meth.* 66:87-95.
- Clavel T, et al. 2005. Intestinal bacterial communities that produce active estrogen-like compounds enterodiol and enterolactone in humans. *Appl Env Micr.* 71;10:6077-6085.
- Conway P. 1997. Development of intestinal microbiota. In: Mackie RI, White BA, Isaacson RE, eds. *Gastrointestinal Microbiology*. Vol 2. New York: Chapman and Hall, 3-38.
- Coolen M, et al. 2005. Characterization of microbial communities found in the human vagina by analysis of terminal restriction fragment length polymorphisms of 16 S rRNA genes. *App Env Micr.* 71;12:8729-8737.
- Deplancke B and Gaskins HR. 2001. Microbial modulation of innate defense: goblet cells and the intestinal mucus layer. *Am J Clin Nutr.* 73(suppl):1131S-1141S.
- Deplancke B, et al. 2002. Selective growth of mucolytic bacteria including *Clostridium perfringens* in a neonatal piglet model of total parenteral nutrition. *Am J Clin Nutr.* 76:1117-1125.
- Diaz G and Rodarte C. 2003. Methods for the study of microbial communities in fermented foods. *Rev Lat Micro.* 45;1-2:30-40.
- Díez B, et al. 2001. Application of denaturing gradient gel electrophoresis (DGGE) to study the diversity of marine picoeukaryotic assemblages and comparison of DGGE with other molecular techniques. *Appl. Env. Micr.* 67;7:2942-2951.
- El Fatroussi S, et al. 2003. Direct profiling of environmental microbial populations by thermal dissociation analysis of native rRNA hybridized to oligonucleotide microarrays. *App. Env. Micr.* 69;4:2377-2382.
- Favier C, et al. 2002. Molecular monitoring of succession of bacterial communities in human neonates. *Appl Env Micr.* 68;1:219-226.

Franks A, et al. 1998. Variations of bacterial populations in human feces measured by fluorescent in situ hybridization with group-specific 16S rRNA-targeted oligonucleotide probes. *App. Env. Micr.* 64;9:3336-3345.

Guan L, et al. 2003. Detection and identification of *Lactobacillus* species in crops of broilers of different ages by using PCR-denaturing gradient gel electrophoresis and amplified ribosomal DNA restriction analysis. *App. Env. Micr.* 69;11:6750-6757.

Hooper L, et al. 2001. Molecular analysis of commensal host-microbial relationships in the intestine. *Science.* 2001. 291:881-884.

INEC. 2001 Indicadores Sociales, Censo de Población y Vivienda, Ecuador.

INEC. 2003 Anuario de Camas y Egresos Hospitalarios 2003, Ecuador

INEC, OMS. 2004. Indicadores Básicos de Salud 2004, Ministerio de Salud Pública del Ecuador.

Kimura K, McCartney A, McConnell M and Tannock G. 1997. Analysis of fecal populations of Bifidobacteria and Lactobacilli and investigation of the immunological responses of their human host to the predominant strains. *Appl Env Micr.* 63;9:3394-3398.

Kroes I, Lepp P and Relman D. 1999. Bacterial diversity within the human subgingival crevice. *PNAS.* 96;25:14547-14552.

Leser T, et al. 2002. Culture-independent analysis of gut bacteria: the pig gastrointestinal tract microbiota revisited. *App. Env. Micr.* 68;2:673-690.

Ley R, et al. 2005. Obesity alters gut microbial ecology. *PNAS.* 102;31:11070-11075.

Liu W, et al. 1997. Characterization of microbial diversity by determining terminal restriction fragment length polymorphisms of genes encoding 16S rRNA. *App. Env. Micr* 63;11:4516-4522.

Loy A, et al. 2002. Oligonucleotide microarray for 16S rRNA gene-based detection of all recognized lineages of sulfate-reducing prokaryotes in the environment. *App. Env. Micr.* 68;10:5064-5081.

Mackie R. et al. 1999. Developmental microbial ecology of the neonatal gastrointestinal tract. *Am J Clin Nutr.* 69(suppl):1035S-1045S.

Mai V and Morris G Jr. 2003. Colonic bacterial flora: changing understanding in the molecular age. *J Nutr.* 459-464.

Marteau P, et al. 2001. Comparative study of bacterial groups within the human cecal and fecal microbiota. *Appl Env Micr.* 67;10:4939-4942.

- Moeseneder M, *et al.* 1999. Optimization of terminal-restriction fragment length polymorphism analysis for complex marine bacterioplankton communities and comparison with denaturing gradient gel electrophoresis. *Appl. Env. Micr.* 65;8:3518-3525.
- Muyzer G, De Waal E and Uitterlinden. 1993. Profiling of complex microbial populations by denaturing gradient gel electrophoresis analysis of polymerase chain reaction-amplified genes coding for 16S rRNA. *App. Env. Micr.* 59;3:695-700.
- Muyzer G and Smalla K. 1998. Application of denaturing gradient gel electrophoresis (DGGE) and temperature gradient gel electrophoresis (TGGE) in microbial ecology. *Antonie Van Leeuwenhoek* 73:127-141.
- Nagashima K, *et al.* 2003. Application of new primer-enzyme combinations to terminal restriction fragment length polymorphism profiling of bacterial populations in human feces. *App Env Micr.* 69;2:1251-1262.
- Orita M, *et al.* 1998. Detection of polymorphisms of human by gel electrophoresis as single-strand conformation polymorphisms. *Proc Nat Acad Sci USA.* 86:2766-2770.
- O'Sullivan D. 1999. Methods for analysis of the intestinal microflora. In: Probiotics: A critical review. G.W. Tannock, ed. Horizon Scientific Press. Norfolk, England. p. 23-44.
- Paster B, *et al.* 2001. Bacterial diversity in human subgingival plaque. *J Bact* 183;12:3770-3783.
- Pryde S. *et al.* 1999. Molecular analysis of the microbial diversity present in the colonic wall, colonic lumen, and cecal lumen of a pig. *App. Env. Micr.* 65;12:5372-5377.
- Sakamoto M, Hayashi H and Benno Y. 2003. Terminal restriction fragment length polymorphism analysis for human fecal microbiota and its application for analysis of complex Bifidobacterial communities. *Micr. Immun.* 47;2:133-142.
- Sakamoto M, *et al.* 2003. Application of terminal RFLP analysis to characterize oral bacterial flora in saliva of healthy subjects and patients with periodontitis. *J Med Micr.* 52:79-89.
- Sghir A, *et al.* 2000. Quantification of bacterial groups within human fecal flora by oligonucleotide probe hybridization. *App. Env Micr.* 66;5:2263-2266).
- Satokari R, *et al.* 2001. Bifidobacterial diversity in human feces detected by genus-specific PCR and denaturing gradient gel electrophoresis. *Appl Env Micr.* 67;2:504-513.
- Simpson JM, *et al.* 1999. Application of denaturant gradient gel electrophoresis for the analysis of the porcine gastrointestinal microbiota. *J Micr Meth.* 36;3:167-179.

Simpson J, *et al.* 2000. Denaturing gradient gel electrophoresis analysis of 16S ribosomal DNA amplicons to monitor changes in fecal bacterial populations of weaning pigs after introduction of *Lactobacillus reuteri* strain MM53. *Appl Env Micr.* 66;11:4705-4714.

Suau A. *et al.* 1999. Direct analysis of genes encoding 16S rRNA from complex communities reveals many novel molecular species within the human gut. *Appl Env Micr.* 65;11:4799-4807.

Svensson L and Wenneras C. 2005. Human eosinophils selectively recognize and become activated by bacteria belonging to different taxonomic groups. *Micr Inf.* 7:750-728.

Tannock G. 1999. Analysis of the intestinal microflora: a renaissance. *Antonie van Leeuwenhoek.* 76:265-278.

Tannock GW, *et al.* 2000 Analysis of the fecal microflora of human subjects consuming a probiotic product containing *Lactobacillus rhamnosus* DR20. *App. Env. Micr.* 66;6:2578-2588.

Toivanen P, Vaahtovuori J and Eerola E. 2001. Influence of major histocompatibility complex of fecal flora. *Inf Imm.* 69;4:2372-2377.

Vaughan E. *et al.* 2000. A molecular view of the intestinal ecosystem. *Curr Issu Int Micr* 1;1:1-12.

Wallner G, *et al.* 1997. Flow sorting of microorganisms for molecular analysis. *App. Env. Micr.* 63;11:4223-4231

Wang R, *et al.* 1996. PCR detection and quantitation of predominant anaerobic bacteria in human and animal fecal samples. *App Env Micr.* 62;4:1242-1247.

Wang W, *et al.* 2003. Molecular characterization of the microbial species that colonize human ileal and colonic mucosa by using 16S rDNA sequence analysis. *J Appl Micr.* 95:508-520.

WHO, <http://ehpnet1.niehs.nih.gov/docs/2002/110p537-542prüss/abstract.html>

Wilson K and Blitchington R 1996. Human colonic biota studied by ribosomal DNA sequence analysis. *Appl Env. Micr.* 62:2273-2278.

Zoetendal E, *et al.* 1998. Temperature gradient gel electrophoresis analysis of 16S rRNA from human fecal samples reveals stable and host-specific communities of active bacteria. *App. Env. Micr.* 64;10:3854-3859.

Zoetendal E, *et al.* 2002. Mucosa-associated bacteria in the human gastrointestinal tract are uniformly distributed along the colon and differ from the community recovered from feces. *Appl. Env. Micr.* 68;7:34-01-3407.

Zoetendal E, *et al.* 2002. Quantification of uncultured *Ruminococcus obeum*-like bacteria in human fecal samples by fluorescent in situ hybridization and flow cytometry using 16S rRNA-targeted probes. *App. Env. Micr.* 68;9:4225-4232.

Zoetendal E. *et al* 2004. Diet induced changes in the colonic environment and colorectal cancer. *Am Soc Nutr Sci.* 465-472.

Zwart G and Bok J. 2004. Protocol DGGE. Center for Limnology, Netherlands Institute of Ecology (NIOO-KNAW) 1-6.

## Tables

Child's code	Gender	Completely weaned	Exclusively fed with breast milk until (months)	Fed with formula	Receiving cow's milk	Receiving fruit	Type of delivery	Maternal Education Level	Household Crowding (persons per room)	Household Income (US\$ per month)	Birth Date
N01	M	No	1	No	Yes	Yes	Caesarea	Complete College	1.8	250	11/17/05
N03	M	Yes	6	No	No	Yes	Vaginal	Incomplete School	6.5	300	11/16/05
N06	F	Yes	7	No	No	Yes	Vaginal	Incomplete School	2	240	11/22/05
N07	F	Yes	5	No	No	Yes	Caesarea	Incomplete High School	8	250	11/24/05
N08	F	Yes	1	Yes	No	Yes	Vaginal	Incomplete College	1.7	750	12/05/05
N10	M	No	1	Yes	Yes	Yes	Vaginal	Incomplete High School	4	150	12/06/05
N28	M	Yes	3	Yes	Yes	Yes	Vaginal	Incomplete High School	5	150	01/11/06

**Table 1.** Background data on the 7 study Infants. Dietary patterns, type of delivery, maternal education level, household crowding and income per month varied greatly among the seven infants studied. Follow up of the children started at birth. Birth date of each infant is listed on the table.



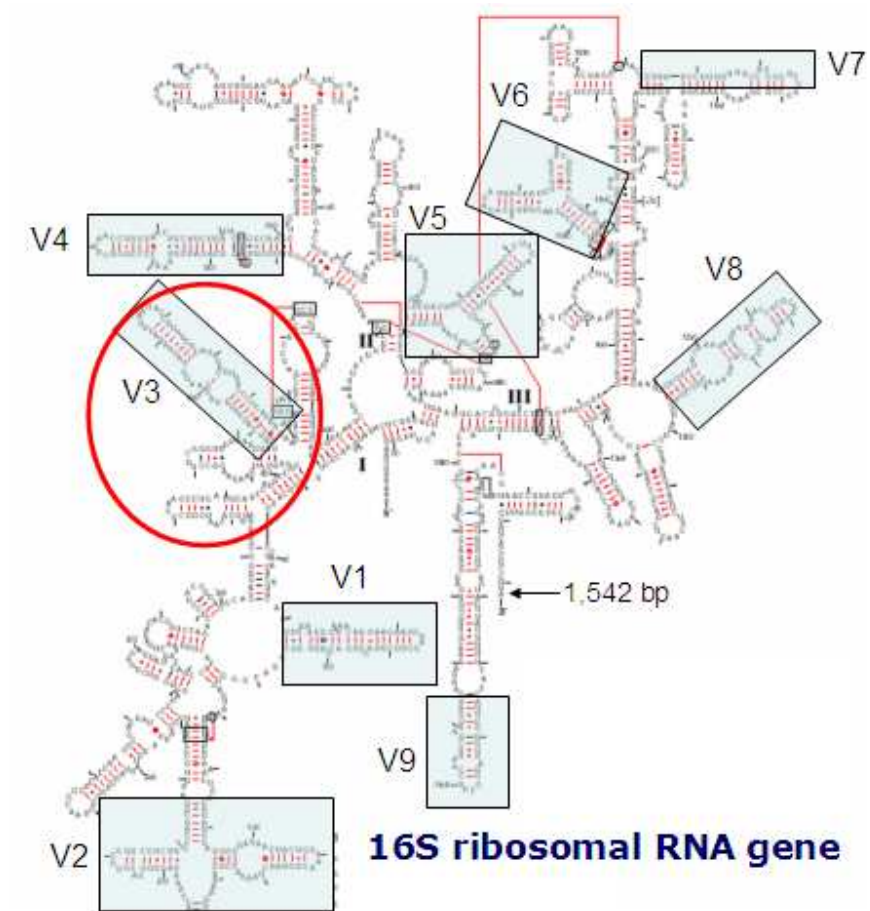
<b>T-RFLP Samples</b>	<b>N101</b>	<b>N201</b>	<b>N301</b>	<b>N103</b>	<b>N203</b>	<b>N303</b>	<b>N106</b>	<b>N206</b>	<b>N306</b>	<b>N107</b>	<b>N207</b>	<b>N307</b>	<b>N108</b>	<b>N208</b>	<b>N308</b>	<b>N110</b>	<b>N210</b>	<b>N310</b>	<b>N128</b>	<b>N228</b>	<b>N328</b>
<b>No of peaks (blue dye)</b>	4	4	20	12	9	14	9	12	18	8	10	8	9	8	9	8	7	9	8	9	12
<b>No of peaks (green dye)</b>	2	3	11	10	5	8	8	9	7	6	7	11	7	7	7	5	5	7	7	7	9
<b>Total No of peaks</b>	6	7	31	22	14	22	17	21	25	14	17	19	16	15	16	13	12	16	15	16	21
<b>DGGE Samples</b>																					
<b>No of bands</b>	11	10	14	15	9	13	11	10	12	12	12	12	13	10	8	13	20	13	19	8	14

**Table 2.** Count of blue and green peaks that retrieved major quantifiable fluorescent signals for each sample processed by T-RFLP and count of bands in DGGE gel. A highest amount of OTUs (peaks or bands) was retrieved by T-FRLP, especially on samples from the seventh month of life.

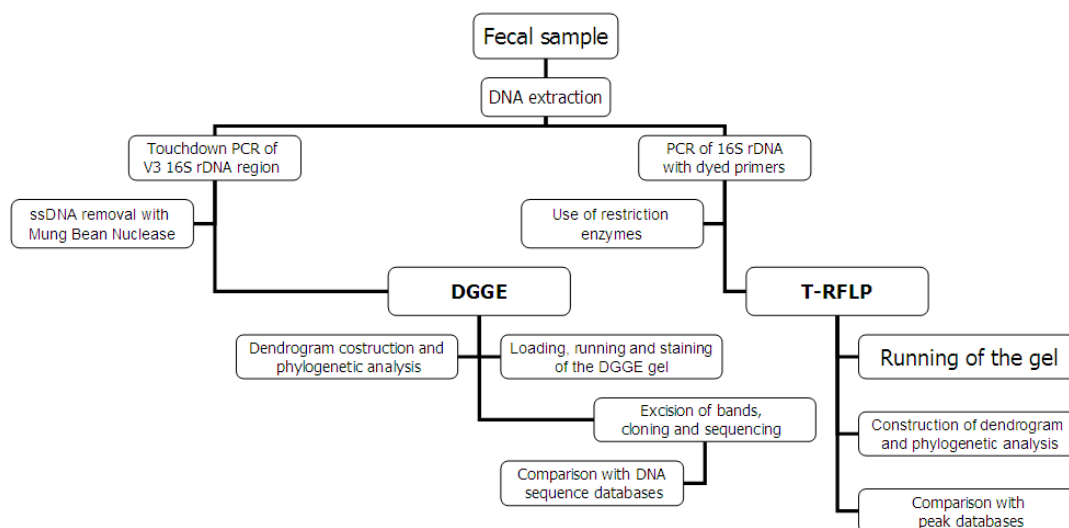
Group of age	Sequence Code	Closest bacterial 16S sequence	Identity
N1 (15 days)	64-2	<i>Staphylococcus aureus</i> RKA4	98%
	64-4	Uncultured bacterium clone aab27e07/ Enterobacter sp. Nj-68	100%
	64-5	Uncultured bacterium E44-9	100%
N1 (15 days) and N2 (third month)	61-3 and 61-4	Uncultured Bacteroidetes	99%
	61-5	<i>Veillonella</i> sp	98%
N3 (seventh month)	28-18-3	Uncultured bacterium clone SJTU E 08 05/ u. Bacteroidales bacterium CatF8	97%
	28-19-3	Uncultured bacterium clone RL188-aan96e04/ u. Bacteroidetes clone M0011016	99%
	28-19-4	Uncultured bacteroidetes clone M0011016	98%
	28-19-7	Uncultured bacterium clone SJTU G 08 22	100%

**Table 3.** Results of the comparison of sequences obtained from the excision of the most prevalent bands that characterized every group of age in the DGGE gel with sequences found in the National Center for Biotechnology Information Nucleotide Data Base (NCBI). The first number of the sequence code (eg. 28) designates the type of band in the gel. Only in samples coded 28 the second number (18 or 19) designates the lane that the band was excised from. The last number designates the number of a colony of transformed bacteria chosen from the LB agar.

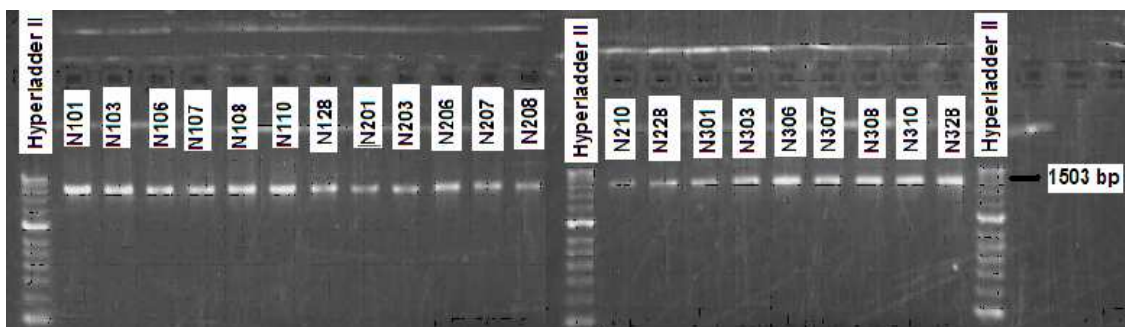
## Figures



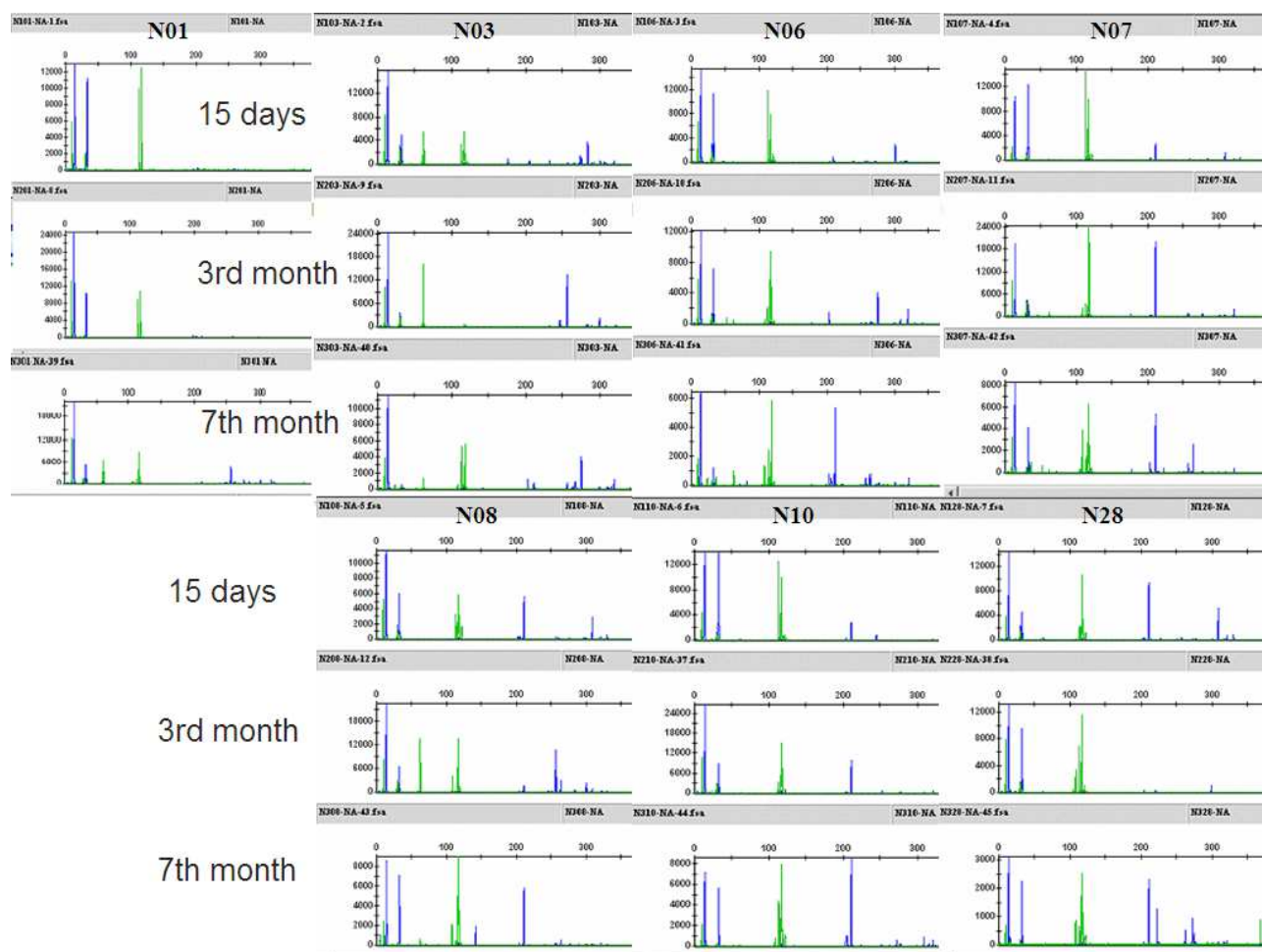
**Figure 1.** Red circle shows V3 variable region of 16S rRNA bacterial gene. The entire gene has a length of ~1.542 bp.



**Figure 2.** Steps followed in the processing of fecal samples by DGGE and T-RFLP. Both techniques start with DNA extraction from stool samples. **DGGE** needs a touchdown PCR protocol to amplify V3 16S rDNA region, followed by removal of ssDNA, creating a linear chemical gradient gel, loading, running and staining of the gel. After scanning the gel, software is needed to perform phylogenetic analysis and to construct dendrograms. Excision of chosen bands can be performed to clone, analyze and compare sequences with DNA sequence databases to classify bacterial genera and/or species. **T-RFLP** PCR protocol amplifies almost the entire 16S rDNA region using dyed primers, then, restriction enzymes are needed before running the samples in a gel used for sequencing. Data obtained from the scanning and detection of dyed terminal fragments are evaluated with computer software in order to perform phylogenetic analysis and construction of dendrograms. In some cases, comparison of peak databases can be done to find specific bacterial genera and/or species.



**Figure 3.** Agarose gel showing a single T-RFLP amplification product of ~1503 bp. Samples from the first 15 days of life: N101, N103, N106, N107, N108, N110. Third month samples: N128, N201, N203, N206, N207, N208, N210, N228. Seventh month samples: N301, N303, N306, N307, N308, N310 and N328.



**Figure 4.** Graph of T-RFLP fingerprints comparing samples of the same individual. **N01** (N101, N201, N301); **N03** ( N103, N203, N303); **N06** (N106, N206, N306); **N07** (N107, N207, N307); **N08** (N108, N208, N308); **N10** (N110, N210, N310); and **N28** ( N128, N228, N328).

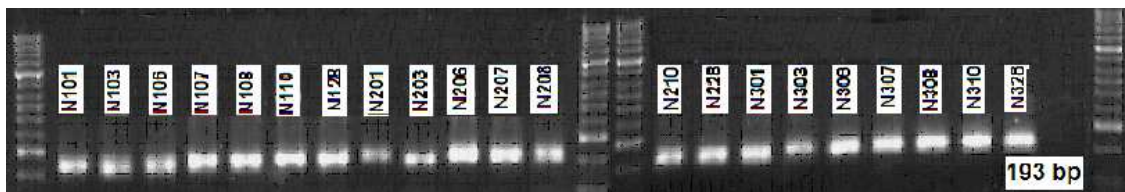
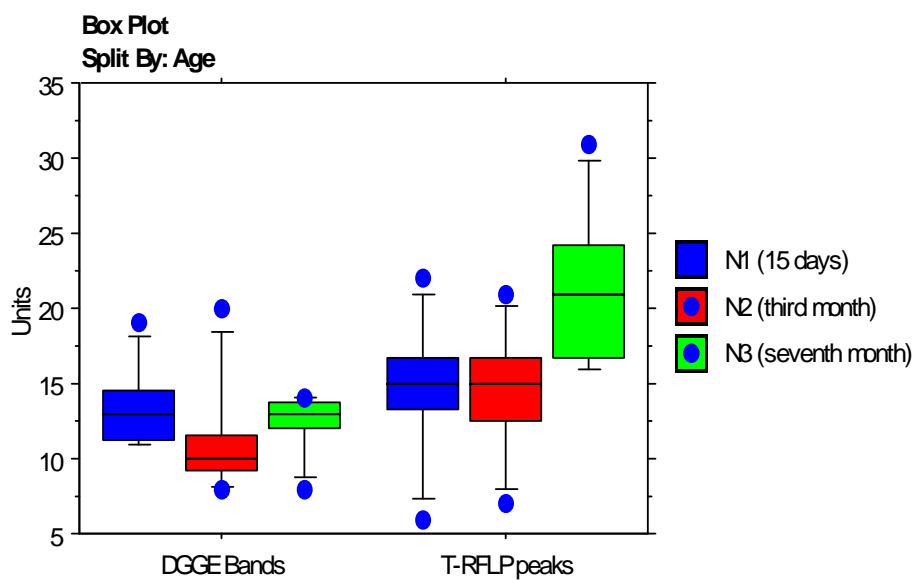
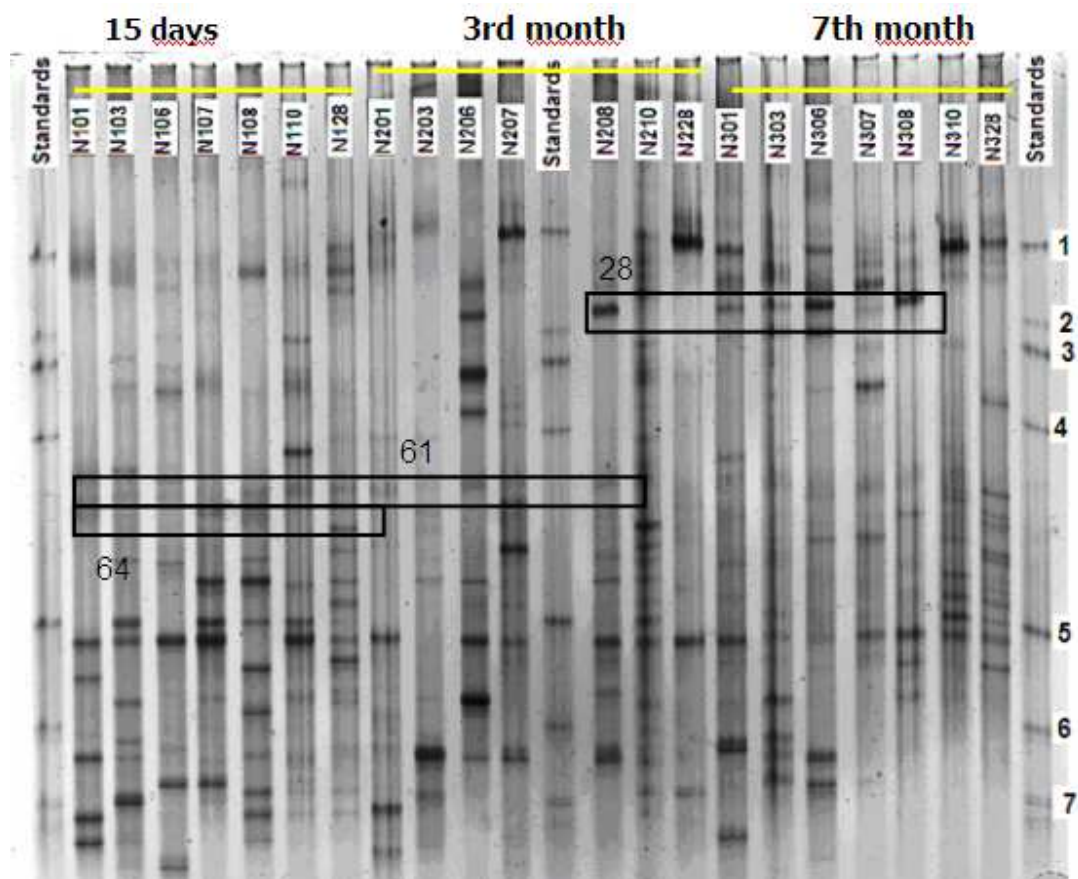


Figure 5. Agarose gel showing a single amplification product of ~193 bp.

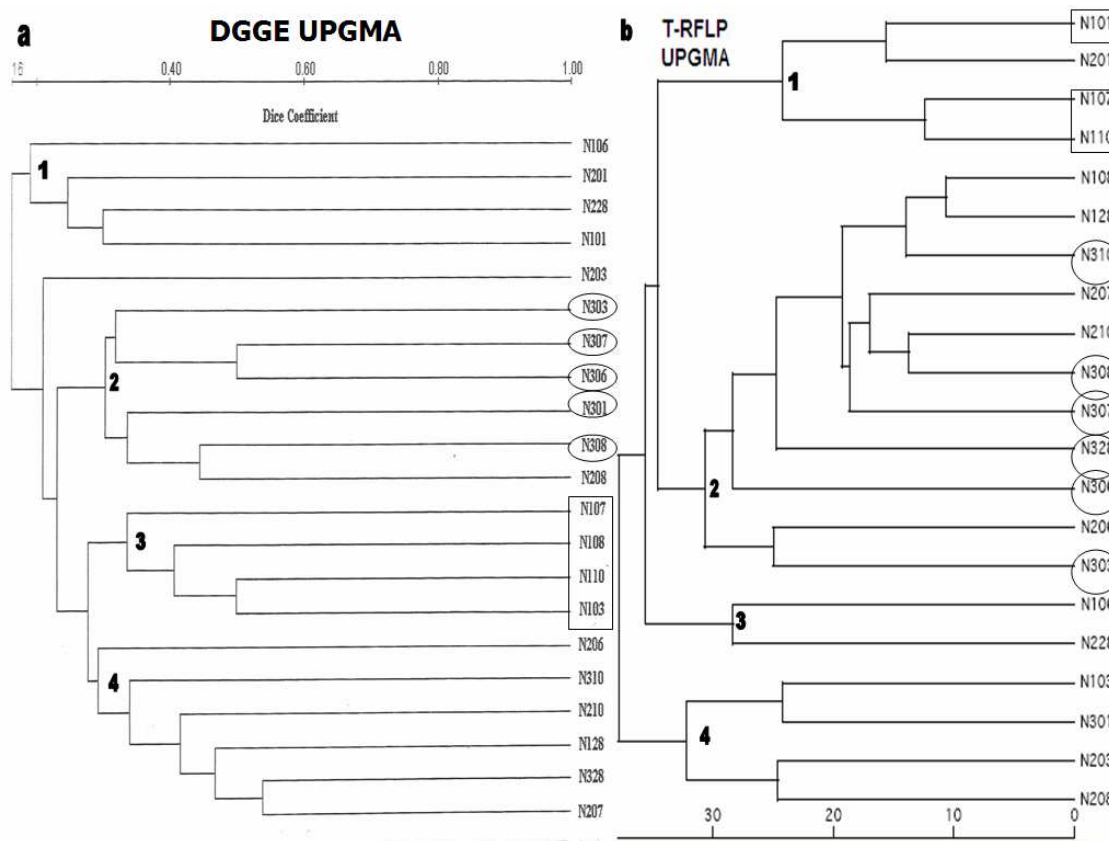


**Figure 6.** Box plot from DGGE OTUs (Bands) and T-RFLP OTUs (Peaks). T-test showed significant difference between OTUs from seventh month samples ( $p=0.0018$ ). Statistical analysis (t-test) for all samples showed also significant difference ( $p=0.0026$ ), demonstrating more retrieval of OTUs by T-RFLP.

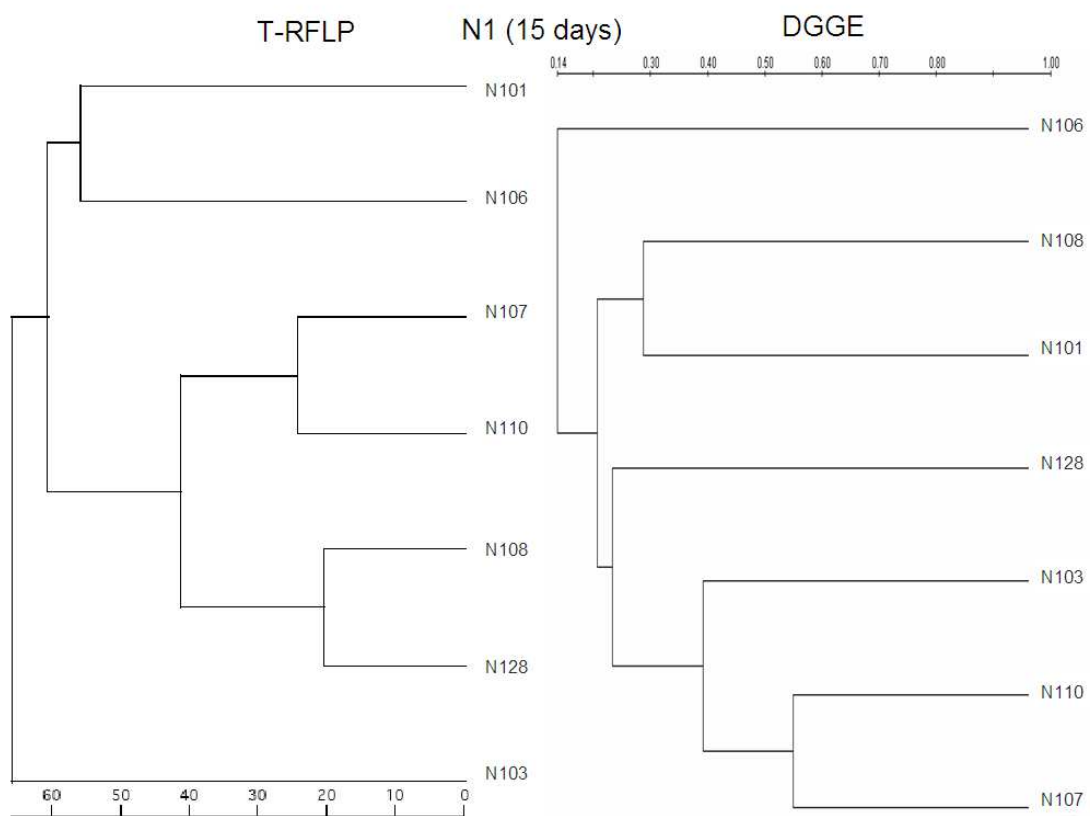




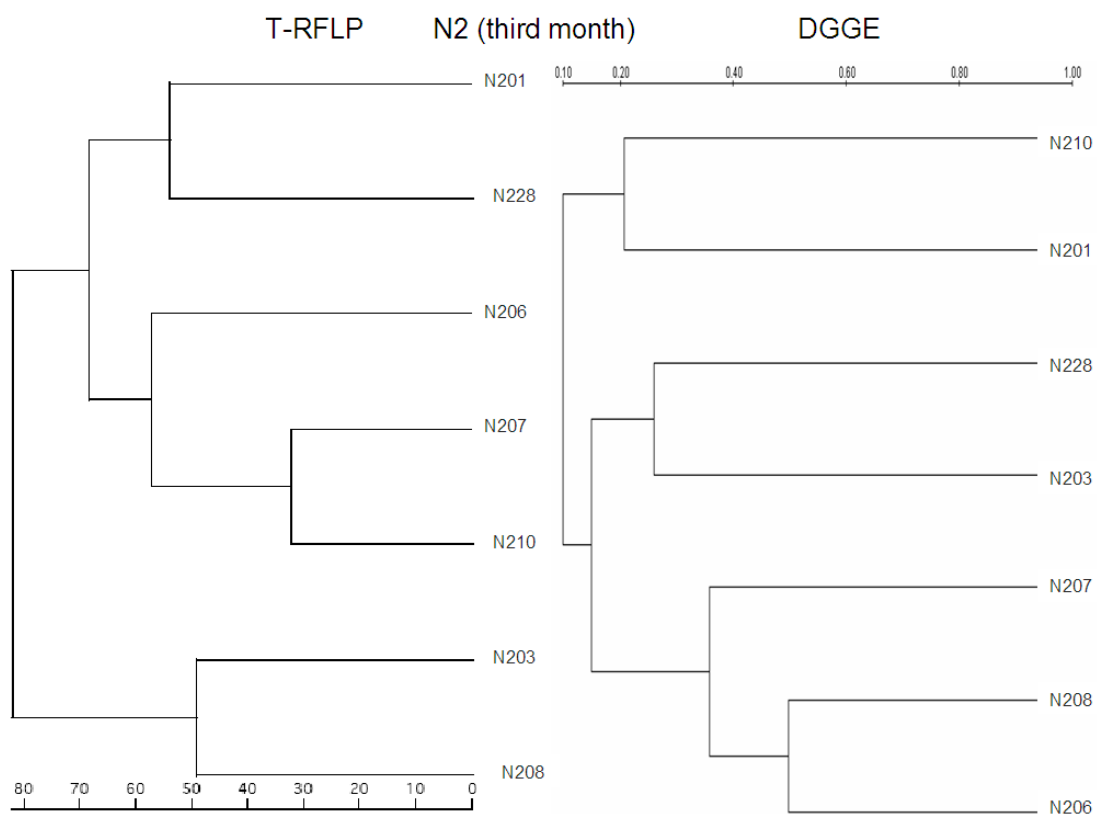
**Figure 7.** DGGE gel showing different patterns of the separated PCR amplification products of V3 variable region of 16S rDNA of each sample. Standard Ladder composed by amplicons from the following bacteria isolates : 1) *Bacteroides fragilis* 2) *Eubacterium rectale* 3) *S. aureus* 4) *Lactobacillus delbrueckii* 5) *E. coli* 6) *Bifidobacterium adolescentes* 7) *Clostridium paraputrificum*



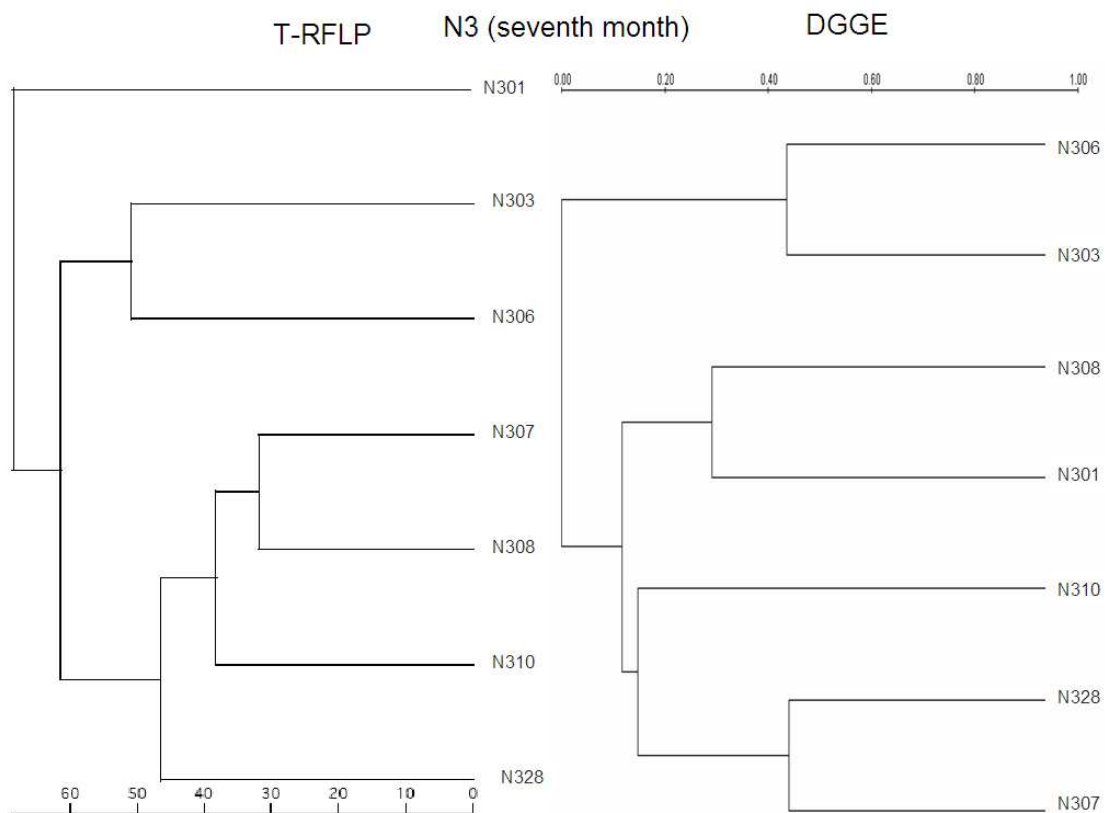
**Figure 8.** **a)** DGGE dendrogram showing 4 major clusters coded 1, 2, 3 and 4. Circles show five of the seven N3 samples (seventh month) grouped into cluster 2. Rectangle mark four of the seven N1 samples (15 days) grouped into cluster 3. **b)** T-RFLP dendrogram showing 4 major clusters coded 1, 2, 3 and 4. Circles show six of the seven N3 samples (seventh month) grouped into cluster 2. Rectangles mark three of the seven N1 samples (15 days) grouped into cluster 1. UPGMA method was used in both dendrograms.



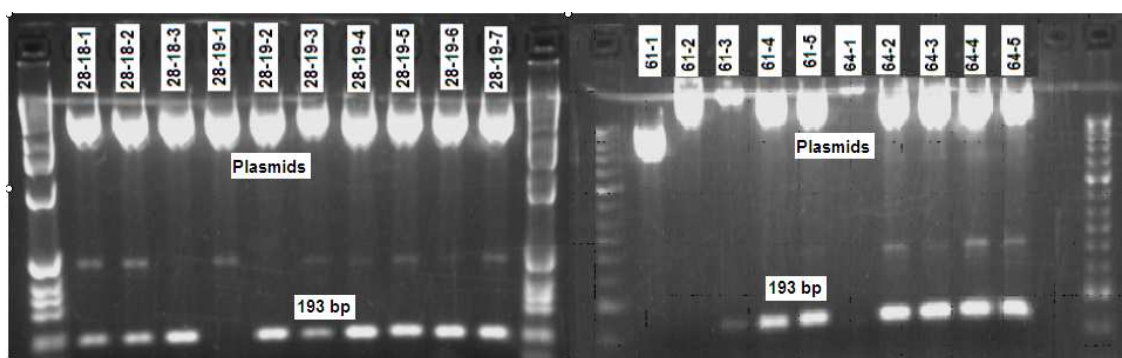
**Figure 9.** Dendrograms produced by DGGE and T-RFLP from 15 days' samples. No clustering similarities were observed.



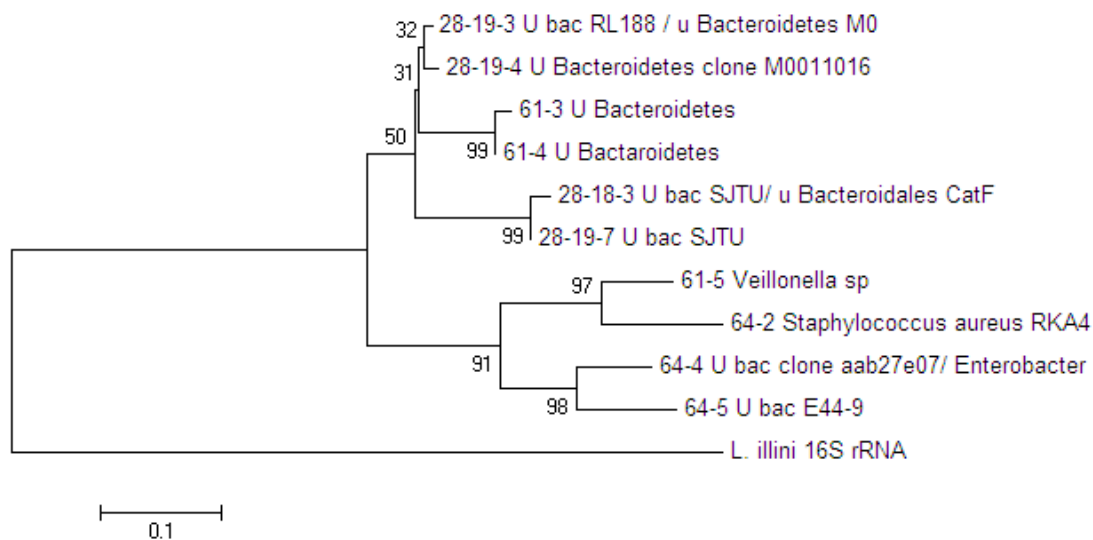
**Figure 10.** Dendrograms produced by DGGE and T-RFLP from third month samples. No clustering similarities were observed. Dendrogram from DGGE clustered samples from females (N206, N207 and N208) separately from males.



**Figure 11.** Dendrograms produced by DGGE and T-RFLP from seventh month samples. No clustering similarities were observed.

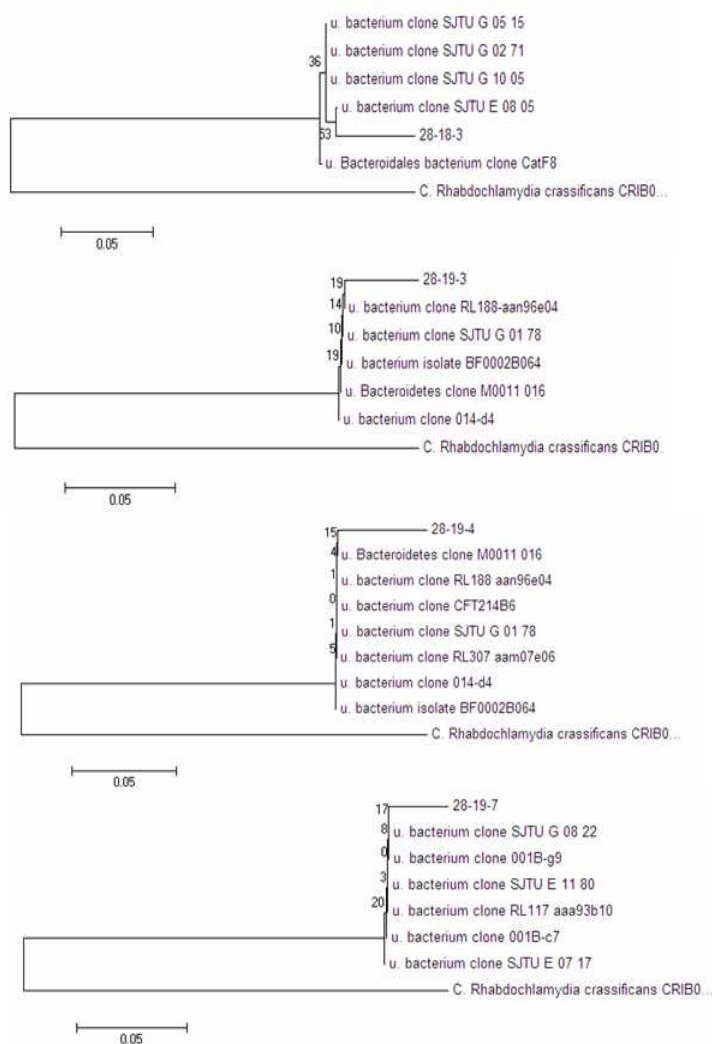


**Figure 12.** Agarose gel showing plasmids after being cut with EcoR1. Larger bands at the top of the gel correspond to plasmids. Only samples where smaller bands (~193 bp) appeared were chosen to be sent for sequencing.



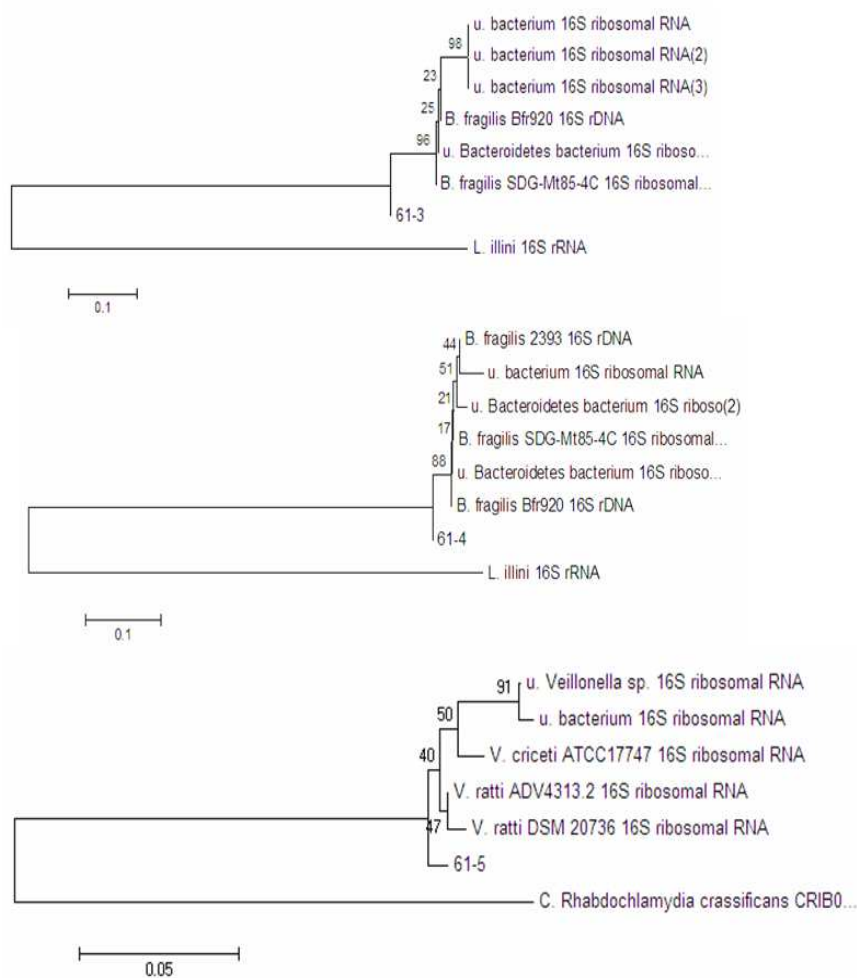
**Figure 13.** Neighbor-Joining tree constructed with the sequences cloned from the DGGE gel. Two major clusters were formed. The upper one consisting mostly of Uncultured Bacteroidetes-like clones that were recovered from bands coded 61 preferentially present in samples from the first 15 days and third month of life and bands coded 28 (extracted from samples from the seventh month). The lower major cluster consisting mostly of sequences recovered from the bands coded 64 preferentially present in samples from the first 15 days, and one sequence extracted from band 61 which was also preferentially present in samples from the first 15 days and third month of life.

## Supplementary information

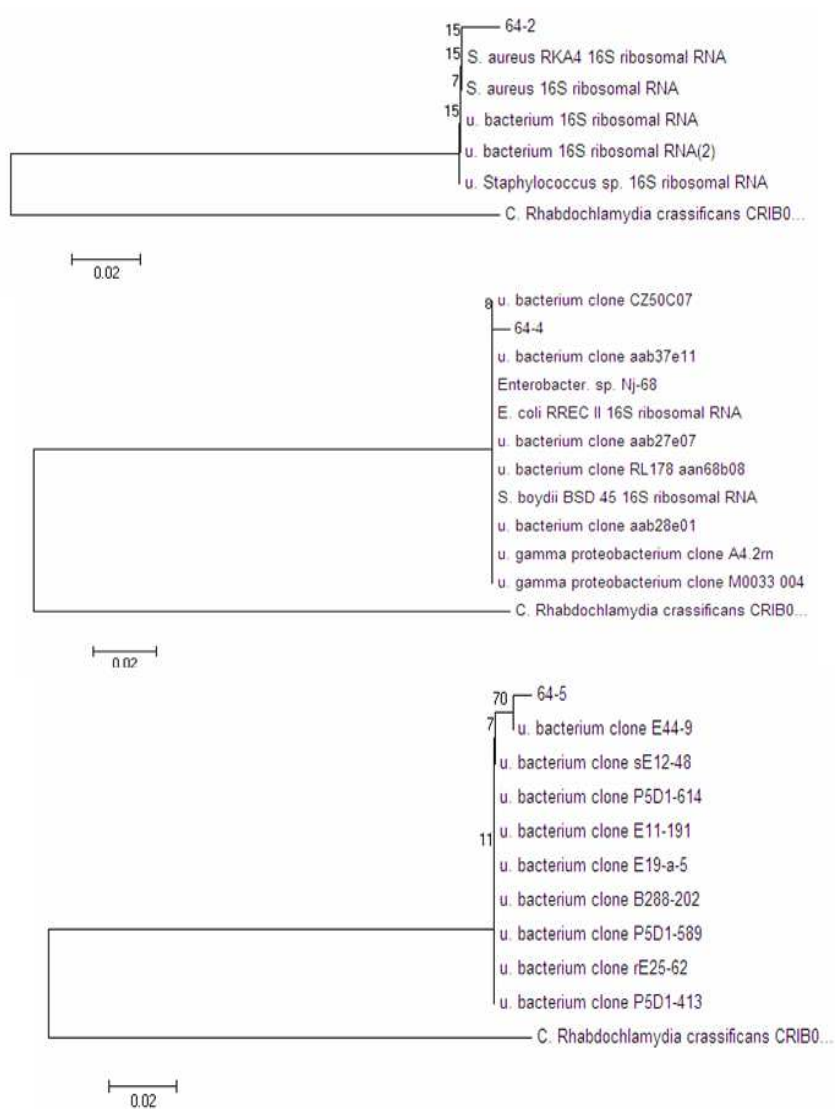


**Figure 1.** Phylogenetic trees constructed for sequences amplified from DGGE gel bands coded 28. Each and every one was compared to closest sequences retrieved by BLAST (NCBI) and then phylogenetic trees were constructed by bootstrap using Neighbor Joining method.





**Figure 2.** Phylogenetic trees constructed for sequences amplified from DGGE gel bands coded 61. Each and every one was compared to closest sequences retrieved by BLAST (NCBI) and then phylogenetic trees were constructed by bootstrap using Neighbor Joining method.



**Figure 3.** Phylogenetic trees constructed for sequences amplified from DGGE gel bands coded 64. Each and every one was compared to closest sequences retrieved by BLAST (NCBI) and then phylogenetic trees were constructed by bootstrap using Neighbor Joining method.